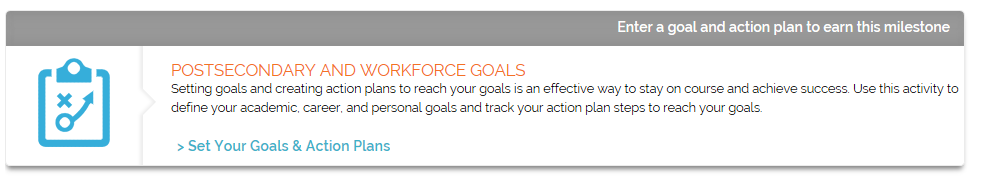
**WEEK 1**

PASS THE ASVAB GOAL SETTING ACTIVITY

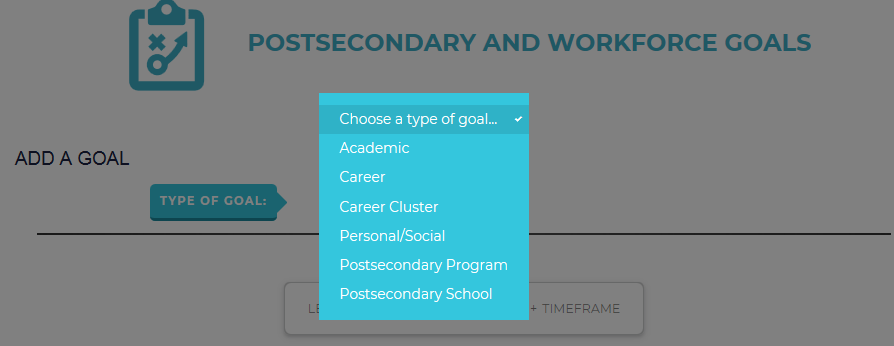
**Your Task:** If you are considering going into the military, set a goal and create an action plan to pass the ASVAB.

**STEP 1:** Click **Set Your Goals & Action Plans**



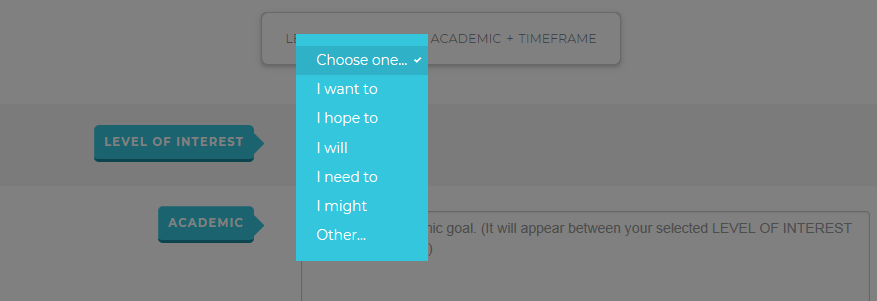
**STEP 2:** Click **Choose a type of goal** to view the list of choices.

Since your goal is to pass the ASVAB, choose **Academic** from the dropdown list.

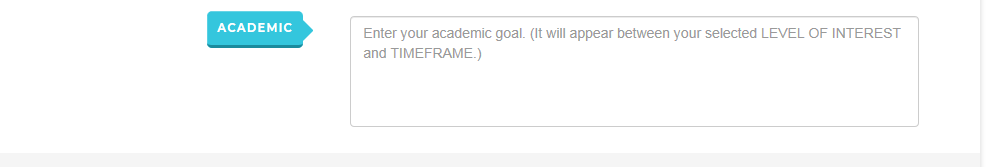


**STEP 3:** How sure are you of this activity? Click **Choose one…** to open the list for level of interest.

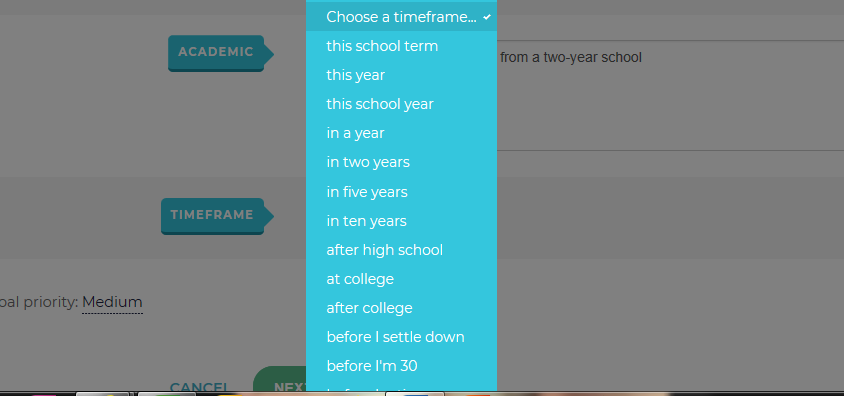
If you are very certain of your goal, select **I will** from the dropdown list. Or, if you’re not quite as certain, select among the other items.

**STEP 4:** In the box, enter goal to pass the ASVAB. The system will remember your level of interest, so enter just include your goal.

**For example**, if your goal should state, “I will pass the ASVAB,” in the box you will enter simply “pass the ASVAB.”

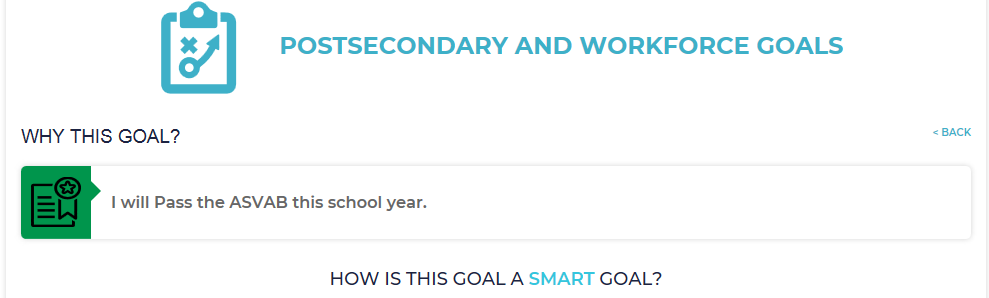


**STEP 5:** Click **Choose a Timeframe** and then select the appropriate timeline from the dropdown list.

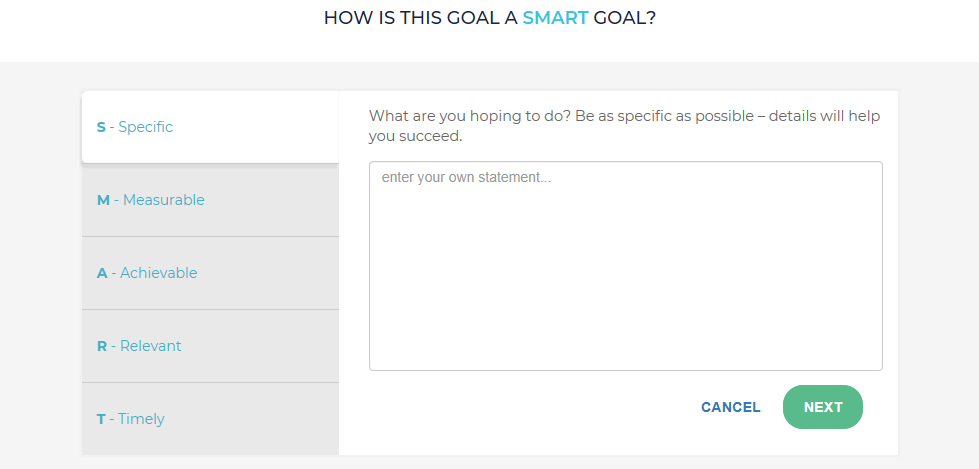


**STEP 6:** You can also click to change the goal priority if you wish. Click **Next**.

**STEP 7:** Take a look at your completed goal statement:

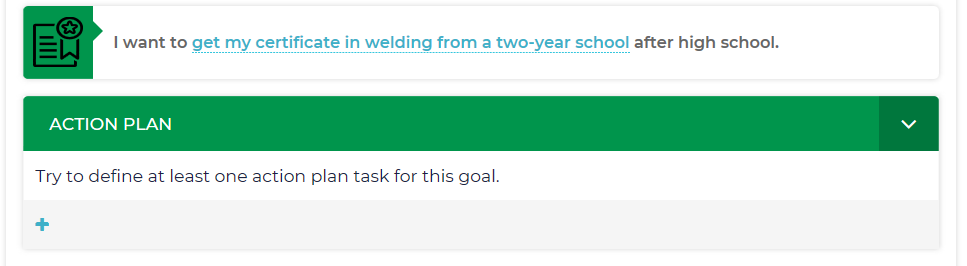


**STEP 8:** You can continue on with the rest of the activity by discussing how this is a SMART goal; that is, how is your goal specific, measurable, achievable, relevant and timely?



**STEP 9:** Go on to define an action plan for your goal. Be sure to:

* Look at sample ASVAB questions
* Schedule test preparation activities
* Note your test date on your planner
* Take the test



Your goal setting activity is available in your portfolio and ICAP any time you want to refresh your memory and motivation about your future!

**STEP 10:** Record your ASVAB scores (**Your Portfolio** > **Career Planning** > **All About You**).