

## Middle School

- Apply for the Oklahoma's Promise scholarship
- Complete ICAP activities
- Complete career and interest surveys
- Watch career videos
- Explore School-2-College-2-Work
- Begin searching for scholarships



## High School

- Complete ICAP activities
- Research admission requirements and college costs
- Apply for the Oklahoma's Promise scholarship
- Complete career and interest surveys and explore careers
- Access free test prep materials
- Explore higher education campuses
- Find scholarships using customized search tool



## Parents

- Access college readiness resources to support your student
- Track the progress of your student's Oklahoma's Promise application
- Review college costs and various financial aid options
- Match students' interests to career options
- Research college types
- Ask your student to connect their account to yours

[OKcollegestart.org](https://okcollegestart.org) is the official source for planning a college education in Oklahoma. The website provides free resources to help students and parents plan, apply and pay for education and training beyond high school.

# Individual Career Academic Plan

## STUDENTS COMPLETE ACTIVITIES...



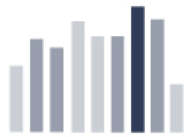
**Career & Interest  
Assessments**



**Plan Courses & Track  
Academic Progress**



**Set Goals &  
Make Plans**



**Track Assessment  
Scores**



**Work-Based  
Learning Experience**

## ...TO BUILD A MEANINGFUL ICAP

- ✓ Connecting education to future goals
- ✓ Creating school and college course plans to pursue their career and life goals
- ✓ Selecting a higher education pathway aligned with self-defined career, college and life goals
- ✓ Establishing better communication and engagement between school and home
- ✓ Understanding and demonstrating career exploration and career planning

For more information, visit [OKcollegestart.org](https://www.okcollegestart.org) or contact the OKcollegestart team at 866.443.7420 or [OKcollegestart@ocap.org](mailto:OKcollegestart@ocap.org).

